

Substance Use Providers

Outpatient Substance Use Providers

Allegany Co. Health Department Behavioral Health (All Ages)

Translation Services, Deaf Interpretation

12503 Willowbrook Road, SE
Cumberland, MD 21501
Phone: 301-759-5050

Alternative Drug & Alcohol Counseling (ADAC) (Ages 12+) Outpatient and Intensive Outpatient Services

217 Glenn Street, Suite 400, Cumberland, MD 21502
Phone: 301-729-0340

Concerted Care Group (Adults)

1050 Industrial Blvd., Cumberland, MD 21502
Phone: 301-729-0340

Cumberland Comprehensive Treatment Center (Adults) Outpatient Services

14701 National Hwy, LaVale, MD 21502
Phone: 301-687-0940

Ideal Option (Ages 15+) Outpatient Services

519 N. Centre Street, Cumberland, MD 21502
Phone: 877-522-1275

Outreach Recovery (Adults)

134 Baltimore Street, Cumberland, MD 21502
Phone: 240-329-2535

UPMC-Western Maryland Behavioral Health Program (Adults)

Translation Services, Deaf Interpretation

12502 Willowbrook Rd, Cumberland, MD 21502
Phone: 240-964-8585

Western Maryland Recovery Services (Adults) Outpatient Services

11604 Bedford Rd, Cumberland, MD 21502
Phone: 301-724-1144

Zimela Wellness Center (Ages 14+)

11602 Bedford Road, Cumberland, MD 21502
Phone: 240-362-7077

Residential Substance Use Providers

ACHD Massie Unit (Adults) (Residential Treatment)

Phone: 301-777-2285

Allegany House

Translation Services, Deaf Interpretation

Phone: 301-777-2497

Other

Alcoholics Anonymous 24 hr. Answering Service: 844-568-3422

Al-Anon: 240-727-0517

Narcotics Anonymous: 1-800-777-1515



Allegany County
HEALTH DEPARTMENT

"Healthy People, Healthy Communities"

Allegany County Local Behavioral Health Authority

12501 Willowbrook Road, SE
Cumberland, MD 21502

Phone: 301.759.5070

Fax: 301.777.5621

E-mail: achd.bhso@maryland.gov

Website: www.alleganymhm.org

Other Resources

Connect with Community Resources

www.findhelp.org

Mental Health First Aid

Email: achd.bhso@maryland.gov

Phone: 301-759-5070

Other Websites with Behavioral Health Info:

StopOverdose.Maryland.gov

PrescribeChangeAllegany.org

Non-Discrimination Statement

The Allegany County Health Department complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, religion or creed, sex, age, ancestry or national origin, marital status, physical or mental disability, sexual orientation and gender identity.

Help is available in your language:

English

Help is available in your language:

1-866-909-9629 (TTY: 1-800-735-2258)

These services are available for free.

Español/Spanish

Hay ayuda disponible en su idioma:

1-866-909-9629 (TTY: 1-800-735-2258)

Estos servicios están disponibles gratis.

中文/Chinese

用您的语言为您提供帮助:

1-866-909-9629 (TTY: 1-800-735-2258)

这些服务都是免费的



Allegany County Local Behavioral Health Resources

UPMC-Western Maryland Crisis Line:

(240) 964-1399

Suicide & Crisis Lifeline:

Call or Text 988 or

Chat with the 988 Suicide & Crisis

Lifeline at 988lifeline.org

Area Health Education Center West

(AHEC West) - Peer Support 24/7 Hotline

240-410-3070

Baltimore Crisis Response, Inc. (BCRI)

301-783-0011

Mental Health Services

Outpatient Mental Health Clinics (Ages 3+)

Allegany Co. Health Department Behavioral Health Translation Services, Deaf Interpretation
12503 Willowbrook Road. SE. Cumberland. MD 21501
Phone: 301-759-5280

Brook Lane Outpatient

1050 W. Industrial Blvd., Suite 18. Cumberland, MD 21502
Phone: 301-733-0331 X7100

Committed to Change (Ages 6+)

200 Glenn Street. Suite 302. Cumberland, MD 21502
Phone: 240-580-1919

Cumberland Comprehensive Treatment Center (Ages 16+)

14701 National Highway, LaVale, MD 21502
Phone: 301-687-0940

Maryland Wellness (Ages 6+)

519 North Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Villa Maria of Mountain Maryland (All Ages)

308 Virginia Avenue. Cumberland. MD 21502
Phone: 667-600-2110

UPMC-Western Maryland Behavioral Health Program (Adults)

Translation Services, Deaf Interpretation
12502 Willowbrook Road, Cumberland, MD 21502
Phone: 240-964-8585

Residential Crisis Services (Adults)

The Compass Center

418 Warwick Avenue, Cumberland, MD 21502
Phone: 301-722-2018

UPMC-Western Maryland Center for Hope and Healing

Translation Services, Deaf Interpretation
10700 Leslie Lane, Cumberland, MD 21502
Phone: 240-362-7588

UPMC-Western Maryland

Opioid Use Disorder and Stimulant Use Disorder Crisis Beds
Phone: 240-964-1399

Psychiatric Rehabilitation Programs

Archway Station, Inc. (All Ages)

45 Queen Street. Cumberland, MD 21502
Phone: 301-777-1700

ASI Health, Inc. (Adults)

217 Glenn Street, Suite 400, Cumberland, MD 21502
Phone: 240-362-7689

Committed to Change (Ages 6+)

200 Glenn Street, Suite 301, Cumberland, MD 21502
Phone: 240-580-1919

Harwood Behavioral Health (Adults)

1050 Industrial Blvd., Cumberland, MD 21502
Phone: 240-410-0885

Maryland Wellness (All Ages)

519 North Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Villa Maria of Mountain Maryland (All Ages)

308 Virginia Avenue, Cumberland, MD 21502
Phone: 667-600-2110

Other Outpatient Providers Group Providers

Covenant Counseling (Ages 5+)

907 Seton Drive, Cumberland. MD 21502
Phone: 301-777-0633

Maryland Wellness (All Ages)

519 N. Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Outreach Recovery (Adults)

134 Baltimore Street, Cumberland. MD 21502
Phone: 240-329-2535

Potomac Behavioral and Occupational Therapy (Ages 4+)

249 Henderson Avenue, Cumberland, MD 21502
Phone: 240-362-7444

WVU Medicine LaVale Medical Center (Ages 17+)

Carrie McDonald, LCSW-C

922 National Highway, LaVale, MD 21502
Phone: 240-362-7294

Zimela Wellness

758 Greene Street, Cumberland. MD 21502
Phone: 240-362-7077

Individual Providers

Allegany Counseling and Consulting Services (Ages 5+, also DUI classes)

36 Greene Street Suite 101, Cumberland, MD 21502
Phone: 301-724-1697

Davis Dayhoff (All Ages)

7 Market Street, Cumberland, MD 21502
Phone: 301-759-3360

Frosty Counseling, LLC **Jeremy Deinlein, LCSW-C**

31 Baltimore Street
Cumberland, MD 21502
Phone: 301-531-4690

Monarch Counseling, LLC (All Ages)

Registered play therapist/Certified trauma therapist
6 Fayette Street, Cumberland, MD 21502
Phone: 301-268-1699

Steven Hartsock, PhD (all ages)

81 Baltimore Street, Cumberland, MD 21502
Phone: 301-777-9005

Debra Schaaf, PhD (Adults)

7 Washington Street
Cumberland, MD 21502
Phone: 301-724-5544

Mental Health Case Management

Maryland Wellness (All Ages)

519 N. Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Wellness and Recovery Center

Hope Station, Inc. (Adults)

632 N. Centre Street, Cumberland, MD 21502
Phone: 240-362-7168

Recovery Community Center

The Possibility Shop

28 Washington Street, Cumberland, Maryland 21502
Phone: 240-410-0255

Visit Our
Website for
More Resources:



For more information about behavioral health resources or to attend a Mental Health First Aid Course near you, contact the Allegany County Local Behavioral Health Authority.